

# “Green Living for Dummies”

Dear Adam and Eve:

**Trying to be green with everything is so overwhelming that I need a Cliffs Notes for green living. Where can I find a copy?**

Signed, Trying to “Keep Green”

Dear Keeping Green:

It does seem that we need a new slant on everything to be “green”. Green Living for Dummies (Pocket Ed.) gives four basic categories for sorting out how to approach this huge task:

1. **REDUCE CONSUMPTION.** Decrease the amount of Earth’s resources you use—examples: choose goods with less packaging, adjust your thermostat a few degrees.
2. **CHOOSE CAREFULLY.** Consider a product’s entire life cycle—which natural resources were used (sometimes depleted) to manufacturing (health and welfare of the worker) to disposal—before deciding which product to buy or maybe don’t buy at all until there is a responsible choice available.
3. **OPT FOR RENEWABLE RESOURCES.** Replace your use of nonrenewable resources (such as energy based on fossil fuels) with renewable ones (such as solar or wind energy).
4. **REPAIR.** We need to repair damage that has already been done to the environment, like tree planting projects both here at home and around the globe and also insist we do not do damage that will need to be repaired in the future.

**RETHINK! REDUCE! REUSE! RECYCLE!**

Please email questions/comments to [DearAdamandEve@timemphis.org](mailto:DearAdamandEve@timemphis.org) or write “Dear Adam and Eve”, c/o Temple Israel, 1376 E. Massey Rd., Memphis, TN 38120.

