

“How to Get Started”

Dear Adam and Eve:

When I hear all the different ways I should be changing what I do on a regular basis to save natural resources, I don't know where/how to start and so I do nothing. How do I go about getting started?
Signed, Whelmed and Over-Whelmed!!

Dear Whelmed:

Remember the movie City Slickers (with Billy Crystal as Mitch and Jack Palance's character Curley in 1991), where Curley asks Mitch, “Do you know what the secret of life is?” and holds up one finger. Mitch responds: “Your finger?”

Curley answers, “One thing. Just one thing. You stick to that and the rest don't mean nothing.” And Mitch asks: “But, What is the one thing?” Then Curley smiles and says, “That's what you have to find out.” Among other things, Curley's response implies that only you yourself can answer that question for you, that it is important that you do indeed find out what that one thing might be and that you must get started right away to discover it.

Think about what might most interest you, or what would make the most impact on your life or your family's life, what you would be most proud of having accomplished, or what your children might say that they always remember you for having done.

RETHINK! REDUCE! REUSE! RECYCLE!

Please email questions/comments to DearAdamandEve@timemphis.org or write “Dear Adam and Eve”, c/o Temple Israel, 1376 E. Massey Rd., Memphis, TN 38120.

