



TEMPLE ISRAEL'S

# MOVING ON: LIFE AFTER LOSS SUPPORT GROUP

After the death of a loved one, there are many thoughts, feelings, and experiences to deal with. Sharing grief within a group setting enables people to recognize the commonality of their experiences while also defining the uniqueness of their grief.

**SHARE IN A WARM, CONFIDENTIAL SETTING**

### **The support group:**

☆ focuses on helping those dealing with the loss of a loved one to remember and to move on.

☆ provides support in a healing environment.

☆ is led by licensed health care professionals offering confidentiality, warmth, and a place to come and share.

**OCTOBER 27, NOVEMBER 10, AND NOVEMBER 17, 2011  
7:00 PM  
TEMPLE ISRAEL  
ADULT LOUNGE**

For more information, please call the clergy office at 937-2774 or e-mail [gub@timemphis.org](mailto:gub@timemphis.org).