

“Plastic Water”

Dear Adam and Eve,

My grandkids think I’m not “with it” and a little bit chintzy to not keep bottled water in the fridge. I tell them water from the faucet is better for them. Don’t know where I got that bit of wisdom but can you back me up on it?

Thanks, Tap Water Granny

Dear Tap Water Granny:

Yes, Granny, you are correct and for many reasons! But, first, let’s get the name straight—it isn’t “bottled water” from a glass bottle. It’s **PLASTIC WATER!** It comes in plastic.

Second, we all have been learning that using plastic for foods and beverages is an HHH—**huge health hazard!!** And, not only does plastic use oil in its production, but also immense amounts of that other precious resource Water! Plus, when you throw plastic away, it stays in our landfills for-EVER!

Third, PLASTIC WATER isn’t regulated as much or as consistently as municipal water! Energy and Commerce subcommittee chair states, “Consumers may not realize that many regulations that apply to municipalities responsible for tap water do not apply to companies that produce” PLASTIC WATER.

The FDA regulates PLASTIC WATER. They only require showing nutritional and ingredient info on its labeling. Municipal water is under the control of the Environmental Protection Agency. The EPA requires much more testing and tighter enforcement than the FDA.

In a recent Assoc. Press article about PLASTIC WATER, researchers urged that Americans make PLASTIC WATER “a distant second choice” to filtered tap water!

RETHINK! REDUCE! REUSE! RECYCLE!

Please email questions/comments to DearAdamandEve@timemphis.org or write “Dear Adam and Eve”, c/o Temple Israel, 1376 E. Massey Rd., Memphis, TN 38120.

