



Temple Tuesdays: *From the Table of Rashi and Rambam to a Fast Food Nation—Nutrition for a New Age*

Presented by Lenore S. Greenstein

Tuesday, March 8, 2011

7:00-8:00 P.M. (coffee and desserts follow)

Temple Israel, 1376 E. Massey Road, Memphis

Lenore S. Greenstein is a Registered Dietician with a Masters in Nutrition Education. She is a nutritionist, lecturer, counselor, educator, and award-winning journalist.

She is also the mother of Rabbi Micah Greenstein.

A graduate of Cornell University, she serves as a board member of its School of Human Ecology and the Advisory Council of Cornell Nutrition Works. She is also the Founding Director of the Senior Nutrition Program in Jacksonville, Florida. In her presentation, Lenore will show us how Jewish texts can guide us nutritionally.



Temple Tuesdays is a learning series that provides opportunities for intellectual, spiritual, and social connections to Temple Israel.

