

“Why should I ride my bicycle”

Dear Adam and Eve,

I've been told that it is better to walk or ride a bike rather than take my car. Can you give me just 3 good reasons why?

Sign me Hot Rod

Dear Hot Rod:

Are you sure you didn't mean to send your note to Tommy Gerber's "Trainer Talk"?

If not, we've actually got 4 reasons!

1. Better for the body
2. Improves sense of self
3. Heightens spirituality
4. Bikes are less expensive
5. Reduces air pollution (*Oops! Never could count!*)

Remember . . . **Re-Think! Reduce! Re-Use! Recycle!**

Please write your questions or comments to DearAdamandEve@timemphis.org or write Dear Adam and Eve, c/o Temples Israel, 1376 E. Massey Rd., Memphis, 38120

