MESSAGE FROM THE 2014 MITZVAH DAY CHAIRS

Dear Congregants,

“Volunteers don’t get paid, not because they’re worthless, but because they’re priceless!” But, paid we are indeed, and in six figures...S-M-I-L-E-S!

On Mitzvah Day we will reach out together in 54 projects serving 48 agencies to improve the lives of others in Memphis. It is one of the most rewarding days you can experience as we work to make our piece of the world a better place in which to live.

We know that you will find a project that’s just right for you. Like to serve meals? Try 1st Presbyterian Church Soup Kitchen. Prefer the outdoors? Spruce up the grounds at the Exchange Club or Memphis Child Advocacy Center. A fan of the Mid-South Food Bank? Join the dozens of people right here at Temple assembling 21,000+ Temple Israel Feeds mac & cheese meals. And, that’s just a sampling of the 54 choices available. If you need help in choosing one or more projects from the impressive array of listings, give one of us or Erma Cohen a call, and we’ll place you where you’re most needed.

We are truly honored to be part of this year’s Mitzvah Day team!

Dee Cannell, Stewart Cannell, Brenda Curland, Ginger Gruber, Bitsy Kasselberg, Karen London, Marc London, and Deedee Perel

MESSAGE FROM TEMPLE ISRAEL’S SENIOR RABBI

Dear Temple Israel Members,

Mitzvah Day is a legendary Temple Israel day devoted to tikkun olam, healing a fractured world, starting right here in Memphis.

We are on the way to year 17 and a cumulative total of over 42,500 volunteer hours, this year serving 48 area agencies and causes in 54 projects. Repairing the world in Jewish tradition was never intended to be a once-a-year event; at Temple Israel, it is an ongoing way of life. When you volunteer for Mitzvah Day, it can ignite ongoing mitzvah opportunities and relationships with sacred causes you may never have known about here in Memphis.

Thanks to the vision of Mickey and Warren Wurzburg, Jr., of blessed memory, those many years ago, we embarked on this sacred journey. We are deeply grateful to Laurie and Elkan Scheidt, whose generosity and giving hearts are enabling this extraordinary Temple Israel tradition to continue for the greater good.

Special thanks to Erma Cohen and the entire Mitzvah Day Team for doing what every Jew ought to do - make a difference in the lives of others. And, yasher koach to the hundreds of mitzvah heroes within the walls of this sacred place we call our spiritual home who give thousands of hours not only this day, but year-round in a myriad of projects here at Temple Israel and all across Memphis.

With excitement, appreciation, and anticipation for Mitzvah Day XVII,

Rabbi Micah D. Greenstein
By Tuesday, October 21st, sign up at timemphis.org or mail to: Temple Israel Mitzvah Day
1376 East Massey Road, Memphis, TN 38120-3299
Need help registering? Call Erma Cohen, 901.937.2770.

• Projects are filled on a first-come, first-served basis.
• Please list the project number of your first, second, and third choice.
• A project captain will contact you by the week of Mitzvah Day with details about your project.

☐ I am an individual participant.
☐ We are a family participating together in the same project.
☐ We are a family participating in different projects.
☐ I/We will participate in ANY PROJECT—wherever needed.
☐ I/We will work only in the MORNING ☐ only in the AFTERNOON
☐ I/We will WORK ALL DAY: BOTH morning AND afternoon projects.

Names of all adult participants:
Last ____________________ First ____________________
Project #s: 1.______ 2.______ 3.______
Last ____________________ First ____________________
Project #s: 1.______ 2.______ 3.______

Names of all participants under 18 years of age:
Last ____________________ First ____________________ Age____
Project #s: 1.______ 2.______ 3.______
Last ____________________ First ____________________ Age____
Project #s: 1.______ 2.______ 3.______
Last ____________________ First ____________________ Age____
Project #s: 1.______ 2.______ 3.______

Address: __________________________________________________
City: ____________________________ ST: ___ Zip: ________________
Phone (cell): ________________________________
(home): __________(work): ______________________
E-mail: _______________________________________
(If there are more people in your family participating, please attach a separate sheet.)

ALL PARTICIPANTS MUST SIGN THE REVERSE SIDE.
RELEASE AND INDEMNIFICATION

All participants in Mitzvah Day over the age of eighteen (18) must sign this Release and Indemnification on their own behalf and on behalf of their child/children and/or minor(s) for whom they serve as guardian.

In consideration for my participation in Mitzvah Day, I agree to release, hold harmless and indemnify Temple Israel, its officers, directors, agents and employees, from any and all damages, losses and/or claims of any kind or nature whatsoever, arising from my/our participation in Mitzvah Day that are alleged to be caused by my child/children, minor(s) for whom I serve as guardian, or me. For further consideration, I grant full permission to Temple Israel to use any images of me, my child/children and/or minor(s) for whom I serve as guardian, taken while participating in Mitzvah Day.

Signature (Adult): __________________________________________

Printed Name: __________________________________________

Signature (Adult): __________________________________________

Printed Name: __________________________________________

Child or Minor: __________________________________________

Child or Minor: __________________________________________

Child or Minor: __________________________________________

Child or Minor: __________________________________________

Date: ______________________________________________________

ITEMS NEEDED

Please bring them to the front desk at Temple Israel’s Welcome Center.

FOR THE HOMELESS:

Our shelter agencies request only unopened travel-size toiletries.

FOR RESIDENTIAL FACILITIES ASSISTING PEOPLE OFF THE STREETS AND BACK INTO THE WORK WORLD:

unopened full-size shampoo, conditioner, soap, tooth paste, toothbrushes, mouth wash, deodorant, lotion; plus combs, brushes, wipes
ALL AGES - FAMILY FRIENDLY

There are no Sunday religious school classes on Mitzvah Day so that children can participate in their grade project or with their family.

MORNING PROJECTS AT TEMPLE

1. Assemble gift boxes and write letters for Armed Forces overseas
   ☑️ Grade 6 ................................................................. 10:30-12

2. Blanket the City—Tie fleece for St. Mary’s Catholic Church Homeless Program
   ☑️ Grade 7 ................................................................. 10:30-12
   Blankets will be delivered on MLK day, January 19, 2015.

3. Firefighters/Police Officers—Pack cookies, write letters, and deliver them to stations
   ☑️ Grades K-3 ............................................................. 9:30-12

4. Memphis Jewish Home/Plough Towers—Make and deliver Chanukah decorations
   ☑️ Grade 5 ................................................................. 9:30-12

5. MIFA Holiday Treats—Label and fill candy treat bags
   ☑️ Grades K-3 ............................................................. 9:30-12

   ☑️ Grades K-3 ............................................................. 9:30-12

MORNING PROJECTS AWAY FROM TEMPLE

7. Allen Morgan Nursing Home—Visit residents with your gentle dog .............. 10-11

8. Exchange Club—Spruce up grounds and clean toys........................................ 10-12:30
   ☑️ Ages 12+ with an adult

9. Memphis Child Advocacy Center—Plant, spruce up, and clean toys ............ 10-12:30
   ☑️ Ages 12+ with an adult

10. Mid-South Food Bank—Sort and pack canned food .................................... 10-12:30
    ☑️ Grade 8, with an adult; others welcome, children 10+ only

11. Poplar Point Health & Rehab—Bingo with residents ................................. 10-11

12. Shelby Farms—Litter patrol along trails ................................................... 10-12:30
    ☑️ Grade 4, with an adult, and Cub Scout Pack 25; others welcome

AFTERNOON PROJECTS AWAY FROM TEMPLE

13. Memphis Jewish Home—Fall Festival Carnival for residents .................... 1-4
    ☑️ Children 10+ with an adult

14. Apple Grove Alzheimer’s & Dementia Residence—Sing-along ..................... 2:30-4

15. Ave Maria Home—Bingo with residents .................................................... 2-3

16. Deliver meals to and visit with pre-selected Temple members .................. 2-4

17. Poplar Point Health & Rehab—Visit residents with your gentle dog ........... 2:30-3:30

18. Trinity Outreach—Cookout and games with kids ................................. 1:30-3:30
    ☑️ Boy Scout Troop 25; others welcome

意义项目是专为特定年龄和年级设立的。除另有注明外，其他志愿者也受欢迎。
HIGH SCHOOLERS AND ADULTS
MORNING PROJECTS AT TEMPLE

19 Temple Israel Feeds—Pack macaroni/cheese meals for Mid-South Food Bank .... 9:30-12
Made possible by Cheri and Henry Rudner
*Grades 9-12; parents and other adults welcome

20 Le Bonheur Children’s Hospital—Assemble coloring books............................9:30-12

AFTERNOON PROJECTS AWAY FROM TEMPLE

21 First Presbyterian Church Soup Kitchen—Serve and clean up meal
and assist with birth certificate day and clothes closet .................... 1:45-3:30

22 Hope House—Clean up and spruce up grounds .................................................. 1-3

23 Knowledge Quest—Ice cream social/craft with kids ............................................. 1-3

24 Wells Station School—Mulch and plant garden/spruce up indoors .................. 1-3:30

25 Le Bonheur Children’s Hospital—Visit patients and deliver coloring books ...... 2-4

Please take photos of volunteers in action on your Mitzvah Day project and
e-mail them to timemphis@gmail.com.
### MORNING PROJECTS AT TEMPLE

<table>
<thead>
<tr>
<th>Project</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assemble toiletry bags for various agencies</td>
<td>9:30-12</td>
</tr>
<tr>
<td>Baptist ICU—Prepare/serve lunch to families at hospital</td>
<td>9:30-1</td>
</tr>
<tr>
<td>Blanket the City—Cut/tie fleece blankets for various agencies</td>
<td>9:30-12</td>
</tr>
<tr>
<td>Food Prep—Bake cookies/prepare meals and snacks</td>
<td>8:30-11</td>
</tr>
<tr>
<td>Food Prep—Bake cookies and prepare snacks</td>
<td>11-12:30</td>
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<tr>
<td>Methodist Hospice—Paint and decorate hearts for Camp BraveHearts</td>
<td>9:30-12</td>
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<tr>
<td>MIFA—Assemble and decorate birthday bags</td>
<td>9:30-12</td>
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<tr>
<td>Mother Bear, MIFA Love Caps, Wings—Knit bears, caps, shawls, lap robes</td>
<td>9:30-12</td>
</tr>
<tr>
<td>St. Jude—Assemble “Happy Cart” craft packets</td>
<td>9:30-12</td>
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<tr>
<td>Sort/pack donated collections for various agencies</td>
<td>9:30-12</td>
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<tr>
<td>Temple Archives—Identify photos and catalog collections</td>
<td>9:30-12</td>
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<tr>
<td>Wings at West Clinic—Assemble craft bags</td>
<td>9:30-12</td>
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<tbody>
<tr>
<td>1st United Methodist Church—Share Jewish customs with kids</td>
<td>9:45-10:50</td>
</tr>
<tr>
<td>Memphis Center for Independent Living—Build a ramp</td>
<td>9-3</td>
</tr>
<tr>
<td>Memphis Jewish Home—Trivia with residents</td>
<td>9:30-10:30</td>
</tr>
<tr>
<td>MIFA—Spruce up MIFA Meals recipients’ yards</td>
<td>9:30-12</td>
</tr>
<tr>
<td>Plough Towers—Paint mural</td>
<td>10-1</td>
</tr>
</tbody>
</table>

### AFTERNOON PROJECTS AWAY FROM TEMPLE

<table>
<thead>
<tr>
<th>Project</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Downtown Memphis Ministries—Deliver meals</td>
<td>2:30-3:30</td>
</tr>
<tr>
<td>Genesis House—Bingo/games with young adults at treatment facility</td>
<td>2-4</td>
</tr>
<tr>
<td>Plough Towers—Tea dance with residents</td>
<td>2-3:30</td>
</tr>
<tr>
<td>Ronald McDonald House—Serve lunch/visit</td>
<td>12-2</td>
</tr>
<tr>
<td>Plough Towers—Paint mural</td>
<td>2-3:30</td>
</tr>
<tr>
<td>Sarah’s Place—Ice cream social/blanket project with teen boys and girls</td>
<td>1-3</td>
</tr>
<tr>
<td>Synergy Treatment Center—Bingo and cookout with residents</td>
<td>3-5</td>
</tr>
<tr>
<td>Target House—Cookout with residents</td>
<td>4:30-6</td>
</tr>
<tr>
<td>YWCA Abused Women’s Shelter—Deliver meals and visit with residents</td>
<td>2-3:30</td>
</tr>
<tr>
<td>Purdue Center of Hope Shelter—Bingo/craft projects for moms and kids</td>
<td>3-4:30</td>
</tr>
<tr>
<td>Welsh Manor—Bingo/crafts with special needs residents</td>
<td>2-4</td>
</tr>
</tbody>
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### MONDAY, NOVEMBER 3, AND TUESDAY, NOVEMBER 4

<table>
<thead>
<tr>
<th>Project</th>
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<tbody>
<tr>
<td>Firstworks at Highland Heights UMC—Deliver/serve supper to inner city kids at Highland Heights United Methodist Church</td>
<td>5-6:30</td>
</tr>
<tr>
<td>Deliver collections/snacks to agencies (Monday and/or Tuesday)</td>
<td>between 9-4</td>
</tr>
</tbody>
</table>
MITZVAH DAY IS SUNDAY, NOVEMBER 2ND. PLEASE SIGN UP TODAY!

Mitzvah Day is made possible through the generosity and vision of Laurie and Elkan Scheidt and Family.